

HANSEN BUILDING UPDATES

BUILDING HEALTH & SAFETY—COVID-19

The building is being thoroughly sanitized on a regular basis throughout the week to ensure the health and safety of all tenants.

AVOID GATHERINGS - PRACTICE PHYSICAL DISTANCING

Social distancing is key in ensuring we keep all tenants in the building safe during the outbreak. Avoid gathering in hallways, parking, outdoors, lobby space, and common areas.

PROPERTY SERVICES OFFICE

The office remains closed to the public at this time as it is not set up for physical distancing. Tenants may speak with the Property Administrator by calling the property service office number at 905-455-9693.

RENT PAYMENTS

A friendly reminder to pay your rent—please call the property service office to book an appointment to pay your rent. If you have any concerns regarding your rent, please contact Olga to arrange a payment schedule.

GARBAGE DISPOSAL

Do not leave garbage bags on the floor in the garbage chutes. Please ensure to dispose of all garbage and recycling appropriately. It is important to keep our building clean and sanitary, to ensure the health and safety of all residents. Let's work together to keep the building clean!

ATTENTION DOG OWNERS—POOP N' SCOOP!

Pet owners—please pick up after your pets and do your part in keeping the building clean!



Hansen Community Newsletter May 2020

Take a break
Write or journal
Drink your water
Move your body
Go easy on yourself
Get creative
Rest and relax
Forgive yourself
Let yourself cry
Focus on your needs
Contact a friend
Breathe
Get cozy
Let it go

What's
your
Self-Care
today?

BlessingManifesting

Due to the ongoing COVID-19 outbreak, **all programming at Hansen is postponed until further notice.**

The thumbnail shows the cover of the Hansen Community Newsletter for March 2020. It features a grid of articles and notices. A large black diagonal line is drawn across the entire thumbnail image.

- COMMUNITY EVENTS**: Taste of Brampton, Revivors Social Club, International Women's Day Celebration, Promoting Healthy Living Among Communities, Cooking and a healthy diet, Neighborhood's Perfect Parenting Group, Senior Open House, Agency of Canada, Senior Open House, Wellness Coordinator.
- Hansen Building Updates**: DOGS OWNERS—ON LEASH please, HANSEN LAUNDRY ROOM, FOR ALL UNIT ISSUES.
- SMOKE FREE**: Smoking within your unit and the building is strictly prohibited.
- SPRING WELLNESS TIPS**: Keep Your Body Hydrated!
- Hansen Tenant Steering Committee (TSC) Updates**: Hansen Tenant Suggestion Box - Update!

COVID-19 Updates

FACT CHECK: COVID-19 is NOT airborne

The virus that causes COVID-19 is mainly transmitted through droplets generated when an infected person coughs, sneezes, or speaks. **These droplets are too heavy to hang in the air. They quickly fall on floors or surfaces.**

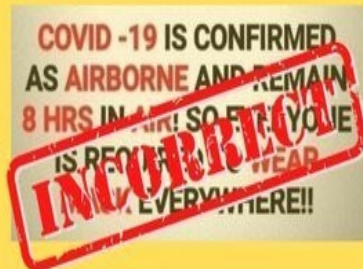
You can be infected by breathing in the virus if you are within 1 metre of a person who has COVID-19, or by touching a contaminated surface and then touching your eyes, nose or mouth before washing your hands.

To protect yourself, keep at least 1 metre distance from others and disinfect surfaces that are touched frequently. Regularly clean your hands thoroughly and avoid touching your eyes, mouth, and nose.



March 28 2020

#Coronavirus #COVID19



This message spreading on social media is incorrect. Help stop misinformation. Verify the facts before sharing.

Check out the following online resources to stay updated with COVID-19:

Public Health Canada: <https://www.canada.ca>

Region of Peel: <http://www.peelregion.ca/coronavirus>

*For a better understanding of the roles and responsibilities of different levels of government during COVID-19, check out: <https://t.co/ZywXwNwM8W>

Food Security

Seniors Only—Special Hours

Please check with your local grocery store to confirm hours:

Sobeys

8975 Chinguacousy Rd, Brampton
Phone: (905) 796-1517
Hours: 8:00 am-9:00 am

FreshCo

398 Queen St W, Brampton
Phone: (905) 454-8840
Hours: 8:00 am-9:00am

Metro

156 Main Street S, Brampton
Phone: (905) 459 -6212
Hours: 8:00 am-9:00 am

Walmart Brampton North Supercenter

50 Quarry Edge Dr, Brampton
Phone: (905) 874-0112
Hours: 8:00 am-9:00am

Local Food Banks:

Knights Table

Address: 287 Glidden Rd #4, Brampton.

Phone: (905) 454-8725

Hours: Breakfast, Lunch, & Dinner served everyday.

Salvation Army

Address: 9395 Bramalea Rd, Brampton.

Phone: (905) 791- 1085

Hours: Tuesdays & Thursdays at 10am-3pm

St. Louise Outreach Centre of Peel

Address: 32 Haggert Ave N, Brampton.

Phone: (905) 454-2144

Hours: Please call the number above for instructions on food bank protocol for pick up.

****Please call to confirm hours of operation, as they may be subject to change.**

Staff Connections

Property Services Manager Carol Major 905.795.8742 x 226 | carol.major@shipshey.ca

Property Services Administrator Olga Zelenenka@shipshey.ca | 905-455-9693 | olga.zelenenka@shipshey.ca

Maintenance Staff Keith Pickles 905.455.9693 | Luca Aureli 905.455.9693
Monday-Friday 8:30-4:30pm

Wellness Coordinator Rebecca Kaushal 905.450.1040 ex 221 | rebecca.kaushal@shipshey.ca