

Visiting the SHIP main office is restricted to ‘appointments only’ and must be an urgent matter. SHIP is restricting visitors to all of our buildings.

SHIP reviews new information each day about COVID-19 from the Ministry of Health, and public health and infectious disease experts. We appreciate your patience, as the information we have today could change tomorrow. These updates provide the latest information on SHIPs COVID-19 response and how it impacts staff, clients, volunteers and visitors.

What SHIP clients need to know about COVID-19

CLIENT SUPPORT - While it may look different, SHIP staff continue to provide support to clients. Differences you may notice:

- A phone call screen asking questions about possible exposure to COVID-19
- Support may be provided by phone rather than in person
- If support is provided in person, staff may be wearing a mask and/or gloves and maintaining a distance of at least 6 feet from you; this is for the safety of all
- Social recreational programs are cancelled until further notice

Community Updates

Many community services are currently suspended. Where possible, check on line or with support staff. We do know:

- Many **Community Tax Clinics** are postponed
- **Income Tax** filing is delayed until June 01, 2020
- **ODSP Employment Supports** will not be suspending payments for anyone who cannot provide income verification – earlier month’s earnings will be used to calculate payments; they have assured that On Hold letters will **not** be sent; in the event you receive one, they have advised to ignore it

Social Distancing

Physical Distancing + Social Solidarity

Social Distancing vs. Physical Distancing

What’s the difference?

According to the World Health Organization, the move to use “physical distancing” comes from a desire to highlight “keeping the physical distance from people so that we can prevent the virus from transferring to one another.”

- walk
- practice physical distancing
- stay connected
- get enough sleep
- hand and environment hygiene
- drink lots of water
- eat healthy food



STAYING WELL