

It's not business as usual in Dufferin-Caledon but our partners are here to support you and your family throughout COVID-19



| Partner | Supports Available | Call Number |
|--|---|---|
| Dufferin Children and Family Services (www.dcafs.on.ca) | Children, Youth and Families – Crisis, Mental Health, Parenting Support, Child Safety/Well-Being and Developmental Services | 24/7 Support: 519-941-1530 |
| CMHA Peel-Dufferin (www.cmhapeeldufferin.ca) | Crisis, information and referral, assessment to community additions and mental health supports | Crisis 24/7: 1-888-811-2222 Other Services: 1-519-941-0465 1-877-451-2123 |
| Family Transition Place (www.familytransitionplace.ca) | Individuals and families struggling with gender based violence | 24/7 Support: 519-941-HELP (4357) 905-584-HELP (4357) |
| Services and Housing in the Province (www.shipshey.ca) | Access, assessment, referral to mental health services and supportive housing | 1-519-215-2642 (M-F 8:30-430) |

Not sure who to call? Any of these numbers is the right number, our partners will connect you. We are all here to help!